DOCUMENT RESUME

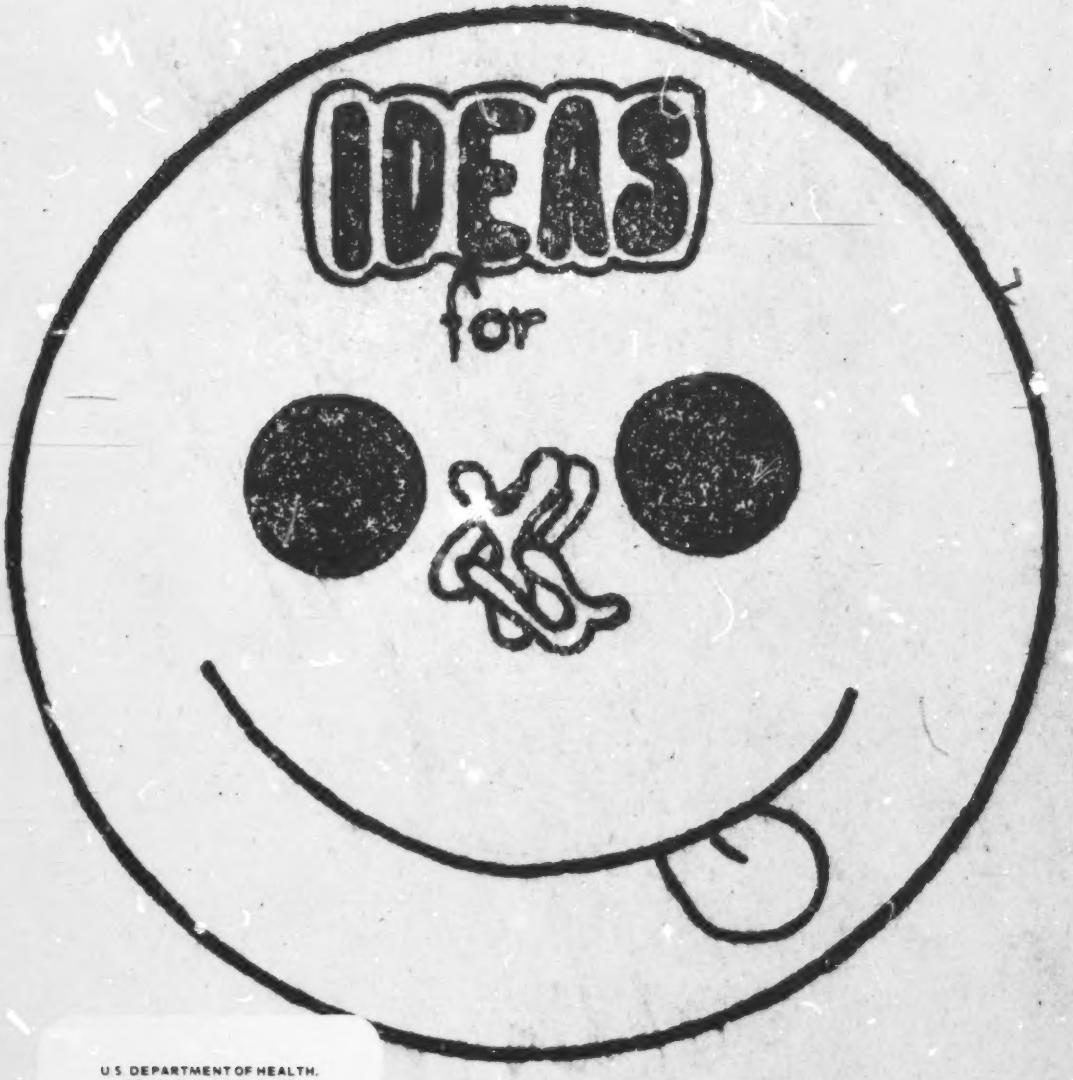
ED 107 632 SP 009 257

TITLE Ideas Identified and Distributed through Project IDEA.
INSTITUTION American Alliance for Health, Physical Education, and Recreation, Washington, D.C.
NOTE 58p.

EDRS PRICE MF-$0.76 HC-$3.32 PLUS POSTAGE
DESCRIPTORS Adapted Physical Education; Athletic Equipment; *Athletic Programs; *Athletics; Course Evaluation; Curriculum; *Physical Education; Physical Fitness; Scheduling
IDENTIFIERS *Project IDEA

ABSTRACT

This document contains ideas on a variety of subjects directed at the physical educator. The work was compiled by Project IDEA (Identify, Distribute, Exchange for Action). Topics include the following: (a) scheduling, (b) curriculum, (c) games, (d) specific courses, (e) life sports, (f) fitness, (g) adaptive Physical education, (h) course methods, (i) evaluation, (j) student leaders, (k) intramurals, (l) stimulating program interest, and (m) equipment. Under these groupings, ideas are listed as well as the names and addresses of individuals who will either (a) make presentations, (b) welcome visitors, (c) distribute materials, or (d) write articles. A Project IDEA identification form is also included. (JS)



U S DEPARTMENT OF HEALTH,
EDUCATION & WELFARE
NATIONAL INSTITUTE OF
EDUCATION
THIS DOCUMENT HAS BEEN REPRO
DUCED EXACTLY AS RECEIVED FROM
THE PERSON OR ORGANIZATION ORIGIN
ATING IT. POINTS OF VIEW OR OPINIONS
STATED DO NOT NECESSARILY REPRE
SENT OFFICIAL NATIONAL INSTITUTE OF
EDUCATION POSITION OR POLICY

Ideas

IDENTIFIED and DISTRIBUTED

THROUGH

PROJECT IDEA

CONTENTS

Scheduling	1
Curriculum	9
Games	11
Specific Courses	16
Life Sports	19
Fitness	24
Adaptive	29
Methods	31
Course Methods	33
Evaluation	39
Miscellaneous	42
Student Leaders	43
Intramurals	44
Stimulating Program Interest	46
Equipment	49
Why Not Ideas	51
Ideas About Words (A must on your reading list)	53

NOTE: Explanation of Key Line
The amount listed within the parentheses refers to cost for material which will be distributed. If postage is listed, please send a stamped, self-addressed envelope.

SCHEDULING

Chuck Novotny
Downers Grove South H.S.
1436 Norfolk
Downers Grove, Illinois 60515

*2
A coeducation junior-senior elective program is organized in six week blocks with three choices offered each block.

Ken Bunte
Moline High School
3600 23rd Avenue
Moline, Illinois 61265

*1 2 3 4
Course selection is offered to students in grades eleven and twelve.

Julia Boston
Greenville High School
Harmon Drive
Greenville, Ohio 45331

*2 4
Coeducation nine week mini courses are selected by upper classmen who have completed one year of general physical education.

Miss Doral Rose
Mr. Ted Wissen
Forest View High School
2121 Goebbert Rd.
Arlington Heights, Illinois
60005

2
Junior-senior program has been developed to offer a wide variety of activities so that students may select a program suited to their own individual needs and preferences.

Mrs. Carol McVicker
Palmer High School
Palmer, Alaska 99645

*4
Four semesters of physical education are required within four years. All must take one semester of introductory course. Requirement is completed by choosing those semesters which offer activities of interest to the student.

Ward I. Jones
Dillingham School
Box 202
Dillingham, Alaska 99576

*2 4
Trimester physical education classes feature one introductory class and coed lifetime sports choices.

George Starn
Terra Linda H.S.
320 Nova Albion Way
San Rafael, California
94901

1 2 3 4 ($1.00)
Core program for freshmen and sophomores leads to a wide spread of upper class elective programs including water polo and boxing. Classes meet daily or students may take two activities on alternate days.

Bruce Wilson
Greenway H.S.
3930 W. Greenway Rd.
Phoenix, Arizona 85000

1 2 3 4 (postage)
Course scheduling procedures are used effectively to maintain a totally elective boys program.

Clayton Williams
Beloit H.S.
124 W. 5th St.
Beloit, Kansas 67420

1 2 4
A nine week mini-mod elective program for boys focuses on lifetime sports and a combination of seasonal team sport skills and conditioning.

Mrs. Sam Davis
Cowpond Road
Halifax County Jr. H.S.
Halifax, Virginia 24558

1 2 3 4 (30¢)
Free choice physical education program for girls offers a variety of activities including drill teams, self defense, modern dance, etc.

KEY: * = copies of specific program ideas not returned
1 = will make presentation 3 = will distribute materials
2 = visitors welcome 4 = will write article

Ms. Joan E. Martin
Naperville Central H.S.
440 W. Aurora Ave.
Naperville, Illinois 60540

*1 2 3 4 (20¢)
Girls elective program has helped to improve grades and decrease discipline problems in physical education.

Fred Bates
Patrick Henry High School
San Diego, California 92101

2
Selective physical education activities include cycling, surfing, sand volleyball, outdoor living, and coed activities.

James L. Hartline
Clear Fork High School
RFD #3
Bellville, Ohio 44813

*2 3 4
An elective program of semester courses includes individual sports, advanced physical education, coed physical education, and independent study.

Terry Penner
Tinora High School
R. R. 3
Defiance, Ohio 43512

*1 2 3 4
Elective coed mini-courses of nine weeks are offered to grades ten through twelve.

Lawrence W. Rice
James A. Garfield H.S.
S. R. #88
Garrettsville, Ohio 44231

*1 2 3 4 ($1.00)
A coed, elective, pass-fail physical education course in lifetime sports emphasizes use of off campus facilities and outdoor pursuits.

Thomas G. Ferch
Sitka H.S.
Box 179
Sitka, Alaska 99835

1 2 4
An elective program offers 9 week courses to grades 10, 11, and 12. Students must complete a two year requirement and may enroll in a varied number of courses each year.

Mrs. Marguerite Curry Phillipsburg H.S. 410 S. Seventh Phillipsburg, Kansas 67661	2 4 Nine week (¼ credit) mini-mods in tennis, golf, archery, bowling, gymnastics, modern dance, social dance, and health are selected by the student to complete a one year requirement. Student may enroll in one or any number of 9 week courses which will fit his schedule.
Mrs. Ann H. Lockett Garfield Sr. High 14000 Smoketown Road Woodbridge, Virginia 22191	*1 2 3 4 Co-ed electives classes are scheduled for combined 9th and 10th grades.
Gary Fuller P. E. Consultant Anchorage Borough Sch. Dist. 670 Fireweed Lane Anchorage, Alaska 99503	*1 2 4 Thirty-three course offerings an expanded elective curriculum.
Nancy T. Huff Osbourn H.S. 9005 Tudor Lane Manassas, Virginia 22110	* 1 2 4 Co-ed elective classes rotate to a new activity every 10 days.
Jim Shipley Woodstock District 200 501 W. South St. Woodstock, Illinois 60098	1 2 4 A variable physical education program offers a college type schedule with 54 courses such as winter sports, canoeing, hiking, bicycling, and co-ed classes

---

KEY: * = copies of specific program ideas not returned
1 = will make presentation 3 = will distribute materials
2 = visitors welcome 4 = will write article

Judy Dingler
Tippecanoe High
555 N. Hyatt
Tipp City, Ohio 45371

*1 2 3 4 ($1.00)
A required program allows students to choose electives ranging from team sports to creative dance.

Luke LaPorta
Liverpool Central School
Liverpool, New York 13088

*1 2 3 4
A complete choice of activity is offered in this program.

Al Schirmacher
Washington Jr. H.S.
201 N. Washington Avenue
Naperville, Illinois 60540

1 2 3 4
An elective physical education program for 8th grade features a variety of activities, co-ed classes, and team teaching.

Mrs. Bonnie T. Dunn
Memorial Jr. High
Spring Branch ISD
12550 Vindon Drive
Houston, Texas 77024

2 4
A junior high program is offered which features short units of many activities.

Shareen Young
Roosevelt Jr. H.S.
680 E. 24th St.
Eugene, Oregon 97401

1 2 3 4 ($2.00) Visiting last Monday of month only
A total coed elective junior high program offers instruction in aquatics, team sports, individual sports, dance, recreational games, and fitness.

Margaret Sharp
Humboldt H.S. 258
1011 Bridge
Humboldt, Kansas 66748

* 2 3
Ninth grade students participate in coeducational volleyball, kickball, basketball, scooter games, and gymnastics one day per week.

Spencer D. Kane Audubon Jr. H.S. 3055 East Blvd. Cleveland, Ohio 44104	2 A cycle approach to the scheduling of activities according to grade level adds variety to the physical education program and increases student interest and cooperation.
Charlotte Griffith Susan Channell Washington H.S. 7340 Leavenworth Rd. Kansas City, Kansas 66109	4 Students scheduled for physical education during a designated time block are subdivided into classes according to swimming ability.
Frances Macomber N. Salinas H.S. 55 Kip Drive Salinas, California 93901	*4 An efficient method of selecting elective classes requires thirty minutes for 250 students. Attendance card is also available.
Sharon K. Bean Beloit High School Beloit, Kansas 67420	*4 A mini-mod schedule is planned that includes different activities each hour.
Mr. Whit Menefree Virginia School for the Deaf & Blind East Beverly Street Staunton, Virginia 24401	1 2 4 Monthly scheduling of gymnasium use allows maximum use of the gym.

KEY: * = copies of specific program ideas not returned
1 = will make presentation 3 = will distribute materials
2 = visitors welcome 4 = will write article

Gene John
Fredonia H.S.
7th & Jefferson
Fredonia, Kansas 66736

4
Men and women instructors combining classes to share facilities and equipment increases gym time and leads to advanced co-ed classes.

Jack Stroud
Yarmouth Sr. H.S.
Yarmouth, Maine 04090

*4
Additional classes are provided for interested students in grades seven through twelve within a seven period day.

Nancy L. Dallis
Prospect H.S.
801 Kinsington
Mt. Prospect, Illinois 60056

*2
Bussing is used to transport students to bowling, roller rinks, Ice skating, and golf courses.

Ronald Thomas
Saybrook-Arrowsmith
601 N. Main
Saybrook, Illinois 61770

1 2
A yearly schedule of activities emphasizing lifetime sports was developed for use in small to intermediate sized schools.

Judith Rolfert
Courter Tech H.S.
3520 Central Parkway
Cincinnati, Ohio 45223

*1 2 4
Lunchtime recreation substitutes for physical education in grades eleven and twelve of a technical high school.

Jack L. Emsuer
Waynesville High
Dayton Road
Waynesville, Ohio 45068

* 3 4
A student directed curriculum in health and physical education allows students to plan their yearly schedule of activities and contribute to specific unit plans.

Kathy Scales Emporia Senior H.S. 216 West 6th Avenue Emporia, Kansas 66801	*1 2 3 4 *A six day cycle with two of the six being smorgasboard offers students a chance to make up missed classes as well as providing an opportunity for activity for students with no regular physical education class.
Shirley Cicholas Ron Walters Soquel High School 401 Old San Jose Road Soquel, California 95073	1 2 3 4 (35¢) An extended day program increases course offerings for students. Courses are taught in community areas by teachers who begin their school day late and complete whenever class ends.
Art Mack Lincoln Academy Academy Hill Newcastle, Maine 04553	1 2 3 4 (postage) An elective program is offered which allows student to determine method he would like to fulfill requirement. Areas they choose from include skill classes, classroom, outside agencies, individual activity, athletic team participation, or teaching in a local elementary program.
Bryce Leggatt Lord Elgin High School 5151 New Street Burlington, Ontario Canada	*1 2 3 4 Cross-graded course thematic is scheduled so a credit may be completed in five weeks by attending all day for five weeks.

KEY: * = copies of specific program ideas not returned
1 = will make presentation 3 = will distribute materials
2 = visitors welcome 4 = will write article

CURRICULUM

Joel C. Galperin
Loudoun County Public Schools
30 W. North Street
Leesburg, Virginia 22075

1 2 3 4 ($3.22 for Middle School)
A curriculum guide is available for the reorganization of the traditional physical education program to meet the needs of year round education.

Greta Weatherill
Orange High School
525 North Shaffer Street
Orange, California 92666

1 3 ($2.00)
A textbook for girls' physical education was developed by the district staff. This includes policies, exercise, dance, individual sports, and team sports.

Terry Leeper
Marshalltown Community
317 Columbus Drive
Marshalltown, Iowa 50158

*1 2 4
The physical education program has developed into a K-12 sequential skill program based on minimum standards.

John Gentile and Staff
South High School
7415 Broadway Avenue
Cleveland, Ohio 44105

*1 2 3 4
This curriculum includes parachute play to music, rhythmic gymnastics, and lifetime sports.

Mrs. Phyllis Wheeler
Mrs. Susan Lennartson
Spring Lake Park Dist. 16
8000 Highway 65
Minneapolis, Minnesota 55432

1 2 3 4 ($1.00)
Ideas for use of feathers and ropes within the curriculum are offered. Also included is a movement approach to tumbling for grades K-6.

Susan L. Fore Norton Elementary Park Avenue Norton, Virginia 24273	2 3 4 (postage) A movement education unit has been designed to improve a child's ability to bounce a ball.
Elwood A. Sattervall Lenox Elementary 6715 Minnetonka Blvd. St. Louis Park, Minnesota 55426	*1 2 3 4 ($2.00) Loco-motor-rhythms is a unit which combines taught patterns and student creativity in developing a sense of rhythm.
Elwood A. Sattervall (same as above)	*1 2 3 4 ($2.00) Learning center concept utilizes a station approach to encourage children to improve gross body movements.
Ida R. Basco Port Clinton High 821 South Jefferson St. Port Clinton, Ohio 43452	2 4 The open gym concept is used one day a week to accommodate large numbers of students to further skills in specific area of interest.
Betty Morr Marina High School Huntington Beach, Calif. 92649	*2 4 Special event days such as Halloween provide students an opportunity to participate in a variety of relays, tournaments, etc.
Hayden McQueen Gransview Elementary School 2659 Grand Avenue Connersville, Indiana 47331	1 2 4 A "Bike-A-Thon" patterned after the Indy "500" provides a good event for all ages.

KEY: * = copies of specific program ideas not returned
1 = will make presentation 3 = will distribute materials
2 = visitors welcome 4 = will write article

Harry S. Sanders
Bel Aire Middle School
Moores Mill Road
Bel Aire, Maryland 21014

1 2 4
"Dave Wottle" cross country run, hiking trips, sport and the arts display, horsemanship and skiing clinics stimulate interest in physical education through special events.

Charles Shara
Belleville High School
Belleville, Kansas 66935

3 (postage)
A one-on-one basketball tournament and cross country meet increase interest in physical education program.

G A M E S

Daniel Ruminski
Bonnomeo School
Evelid St.
Wickliffe, Ohio 44092

2
A variety of relays with class organization ideas are available.

William Main
Faribault Public School
1230 Geo. F. St.
Faribault, Minnesota 55021

3 4
Relays and drills for basketball have been set to music. These add interest to learning timing, dribbling, and footwork.

David Ekelund
Asa Adams School
Goodridge Drive
Orono, Maine 04473

2 3 4 ($1.00)
A game with colored hoops is used to improve running and leaping skills.

Lee M. Haun
White City High School
White City, Kansas 66872

1 2 4
Lead-up games used for football teach kicking, catching, throwing, running, and jumping skills.

Pam Peridier Col. E. Brooke Lee Junior High School 11800 Monticello Avenue Silver Springs, Maryland 20901	1 4 A variety of lead-up games are used to teach hitting, eye-hand coordination, and footwork for volleyball, tennis, and badminton.
Dora Nelson Wakeeney Grade School 620 Junction Avenue Wakeeney, Kansas 67672	1 3 4 Spelling basketball and games which teach passing, shooting, and dribbling are available.
Arthur T. Psaledas Pelham Memorial School Pelham, New Hampshire 03706	3 4 (10¢) Throwing accuracy in basketball is improved through lead-up games.
Anita Gacke Mound Park Elementary 1000 Pacific St. Paul, Minnesota 55101	* 3 Balloon Battle Ball (K-3) provides a good lead-up or novelty game for volleyball.
Frank Stauffer Second Street School Second Street Frankfort, Kentucky 40601	*3 (postage) Parachutes are used in physical education class to build arm strength.
Vernon Merley Juneau-Douglas High School 1250 Glacier Avenue Juneau, Alaska 99801	*1 2 3 4 ($2.00 for all three) Racketball and handball are combined into a course taught at a local Teen Club.

KEY: * = copies of specific program ideas not returned
1 = will make presentation 3 = will distribute materials
2 = visitors welcome 4 = will write article

Vernon Merley
Juneau-Douglas High School
1250 Glacier Avenue
Juneau, Alaska 99801

* 1 2 3 4 ($2.00 for all three)
Team handball combines skills of basketball, hockey, and football.

Duane Schneider
Clark Jr. High
150 S. Bragaw
Anchorage, Alaska 99504

1 2 3 4 (postage)
This soccer-football-basketball game provides an action game which will develop skills.

Willis B. McClure
Tamarack Elementary
Tamarack Road
Owensboro, Kentucky 42301

4
Balloon volleyball offers vigorous activity. Use of a number of balloons makes the game exciting.

Virginia Honomichi
Jim Krob
Russell High School
Russell, Kansas 67665

1 2 4
"Rules of Balance" provide variations to enhance participation in coed touch football, bowling, and volleyball.

Doug Opdycke
DeSoto Junior High
DeSoto, Kansas 66018

2 4
Crab soccer, a variation of soccer, requires all players to remain in crab walk position.

Steve McMillion
Fort Frye High School
Fifth Street
Beverly, Ohio 45715

4
"Red Ball" is a combination of soccer and basketball which can be played indoors.

Betsy McClure Keene Junior High School Washington Street Keene, New Hampshire 03431	1 2 3 4 "Tenneyball" is a team tennis game which also incorporates skills of volleyball and handball. The game is good for small crowded gyms and is also great for intramurals.
Nancy Price Piqua City School 1120 Nicklin Avenue Piqua, Ohio 45356	1 2 3 4 (25¢) Branball, a Swedish game played with a baseball bat, a tennis ball, and five bases, assures that all students get on base.
Edgar Savage Hampton Academy Junior High Academy Avenue Hampton, New Hampshire 03842	2 3 4 (50¢) A cave-man basketball game incorporates limited basketball and hockey skills in a game with some similarity to sideline basketball.
Bill Carlson Salina High School 2015 Marc Salina, Kansas 67401	1 2 3 4 "Cougar Ball" is a speeded up basketball game designed for large classes and limited facilities.
Bill Carlson (same as above)	1 2 3 4 "Kickball Soccer" incorporates aspects of speedball and soccer to provide a challenging game for class play.
Bill Carlson (same as above)	1 2 3 4 "One Swing Softball" permits only one pitch per batter among other variations to speed up the game

---

KEY: * = copies of specific program ideas not returned
1 = will make presentation 3 = will distribute materials
2 = visitors welcome 4 = will write article

Jim Krob
Russell High School
Russell, Kansas 67665

1 4
"Krob Ball", a combination of baseball and dodgeball, is a good coed indoor game for large classes.

Ken Abram
Budd Elementary
1001 Albion Avenue
Fairmont, Minnesota 56031

1 2 3 4 (25¢)
"Nerf Ball" is a mental and physical tracking game which develops throwing and catching skills, position and team competition.

Jay R. Olsen
Fremont Junior High
501 Crogban Street
Fremont, Ohio 43420

1 2 4
A game of underwater ice hockey encourages beginners to hold breath, flutter, and swim underwater.

Nancy Price
(same as above)

1 2 3 4 (25¢)
Ring tennis is an excellent team sport for girls and boys of all ages. This is a great lead-up game for volleyball.

Vernon Merley
Juneau Douglas High School
1250 Glacier Avenue
Juneau, Alaska 99801

*1 2 3 4 ($2.00 for all three)
A coed recreational games course includes badminton, volleyball, table tennis, shuffleboard, bowling, archery and softball.

Floyd Lorenz
Mascoutah Junior High
North Sixth Street
Mascoutah, Illinois 62258

1 2 3 4 (10¢)
Mission Impossible is a creative team game utilizing the gymnasium. Teams compete on a time basis with various limitations set by the instructor.

Floyd Lorenz
(same as above)

1 2 3 4 (10¢)
A series of variations of standard games is employed to maintain interest in long units.

Duane Hodgin
Marion High School
726 West 25th Street
Marion, Indiana 46952

*2 4
A sports challenge program follows the TV program as a model with contestants answering questions in five areas.

S P E C I F I C C O U R S E S

Ellen Marie Blank
Edgerton Elementary
1929 Edgerton
St. Paul, Minnesota 55117

*1 2 4 ($1.50)
Movement education, K-3, daily lesson plans provide continuity between specialist and classroom teacher and provides a five day a week program.

Floyd Lorenz
Mascoutah Junior High
North Sisth Street
Mascoutah, Illinois 62258

1 2 3 4 (10¢)
A unit is composed of circus stunts, playground games, and ideas from "Sports Illustrated".

Marie Joecken
Coventry High School
3257 Cormany Road
Akron, Ohio 44319

1 3 4
Specific guide for tumbling and apparatus lessons are provided.

KEY: * = copies of specific program ideas not returned
1 = will make presentation 3 = will distribute materials
2 = visitors welcome 4 = will write article

Nancy Price
Wilder Junior High
1120 Nicklin Avenue
Piqua, Ohio 45356

1 2 3 4 (25¢)
Trampoline skills listed in progression are available.

Mrs. Alberta Byrum
Norton Com. High School
State and Woods Field
Norton, Kansas 67654

* 2 4
A ball gymnastics unit involves bouncing, tossing, and rolling balls with one or both hands leading to more difficult skills.

Virginia Lawrence
Bakersfield High
1241 G Street
Bakersfield, California
93301

2 4
Authentic Hawaiian dances unit is taught as Hawaiians would teach. Luau is held at end of six week unit to invite administrators, family, and friends.

Dr. Richard Powell
University of Maine
Dept. of H.P.E.R.
181 Main Street
Presque Isle, Maine 04769

1 2 3 4
This unit provides a variety of ideas related to learning square dance calling as well as serving as a resource guide to square dance teaching methods, basic progressions, records, and calling "patter".

Carole Liedtke
Marian C. Moore
6805 Moorhaven Drive
Louisville, Kentucky 40228

3 4
Modern dance unit contains progressive lead-up activities and enriches the physical education curriculum.

Carole Liedtke
(same as above)

3 4 ($1.00)
Organize gymnastics class into equal teams and have "meet" for teams at completion of unit. Materials included to help implement this idea.

Robberta Meseenbrink Ben L. Smith High School 2407 S. Nolden Road Greensboro, North Carolina 27407	4 An Introduction to Dance, Drama, and Choreography is a course which emphasizes creating and choregraphing for artistic productions.
Ronnie Taylor Glendover School Glendover Road Lexington, Kentucky 40505	*2 Safety training and first aid classes are provided in physical education.
Greta Weatherill Orange High School 525 North Shaffer Street Orange, California 92666	1 3 4 ($1.00) A career education unit on therapeutic recreation services is designed to be taught to coed physical education classes.
Bryce Leggatt Lord Elgin High School 5151 New Street Burlington, Ontario Canada	*1 2 3 4 ($3.00 per course of study) Cross-graded course - thematic approach includes course in outdoor education, racquet sports, etc.
Judith J. Steele Acalanes High School 1200 Pleasant Hill Road Lafayette, California 94549	*4 Special class is offered for students who have failed prior physical education courses. Teacher permission is prerequisite and less structure with more student involvement in planning assure success of class.

KEY: * = copies of specific program ideas not returned
1 = will make presentation 3 = will distribute materials
2 = visitors welcome 4 = will write article

Evelyn Butler
Cardozo High School
13th & Clifton Sts., N.W.
Washington, D.C. 20010

* 1 2 3 4
A course for expecting mothers is offered on a credit basis.

L I F E S P O R T S

Barbara Cothren
Tom Boward
Tri-Valley H.S.
Ellsworth, Illinois 61737

3 4.
Coeducation activities for seniors use school and community facilities and stress cooperation and student involvement.

Delores Schoppy
Absegami
Cologne Ave.
Mays Landing, New Jersey 08330

2
Part of a junior and a senior program have been developed to emphasize such carry over activities as archery, tennis, golf, badminton, table tennis, etc.

Ronald C. Hudson
Libbey High School
1250 Western
Toledo, Ohio 43609

*1 4
Lifetime sports program for seniors emphasizes individual activities.

Prudence Penny
Plantation High School
6901 N.W. 16th Street
Plantation, Florida 33313

4
Elective senior physical education is based upon "unisex" program incorporating "risk activities", contract teaching, and recreational activities.

Learwinson Jackson Paul Dunbar 2222 Richley Avenue Dayton, Ohio 45408	1 Coed physical education classes for seniors are designed around lifetime sports.
Dwight K. Mills Paducah Tilghman 2400 Washington Street Paducah, Kentucky 42001	*1 2 4 Advanced programs for juniors and seniors feature individual and dual activities such as golf, baitcasting, camping, marksmanship and recreational games.
Bob Cline Charlotte Pletcher Witmer High School 5601 Clegg Drive Toledo, Ohio 43613	*1 2 3 4 A carry-over skills course includes archery, golf, canoeing, baiting and casting, swimming, bowling, ice skating, tumbling and gymnastics, and putt-putt. There is a $10.00 lab fee per student. Most activities occur off campus.
Dan Kittilson Staples Elementary School Staples, Minnesota 56479	1 2 3 4 A cross country skiing unit is designed to employ the station method and student aids in teaching this sport to younger children.
Luke L. LePorta Liverpool Central School Liverpool, New York 13088	*1 2 3 4 Cross country skiing and kayaking are offered in the regular physical education classes.

KEY: * = copies of specific program ideas not returned
1 = will make presentation 3 = will distribute materials
2 = visitors welcome 4 = will write article

George Merrill
Bernice A Ray School
Reservoir Rd.
Hanover, New Hampshire 03755

2 4
Snowshoe instruction provides opportunity for winter time outdoor activity while allowing better use of indoor facilities

C. E. Ash
Canton South
600 Faircrest, S.E.
Canton, Ohio 44707

*1 2 3 4
Courses are offered in gun safety, sailing (sailboats in gym), and fly fishing.

Richard Notter
Adak High School
USNS Boh 34
FPO Seattle, Washington 98791

*4
Students are offered bowling, skeet shooting, and target shooting within this program.

Bob Dvorak
Leonard Scheufler
Willington Senior High
605 North A
Williangton, Kansas 67152

*1 2 3 4
A bowling unit includes work in the gym and instruction and tournament at the bowling alley.

Don Schnurrenberger
Milford JHS
Pleasant Hill Road
Milford, Ohio 45130

4
Ideas for setting up short courses in limited spaces and using whiffle balls as lead-up activities are used in this golf course.

Chuck White
Charleston Junior High
920 Smith Drive
Charleston, Illinois 61920

2 4
An entire golf unit is used which includes class organization; the teaching of etiquette, rules, and skills; and setting up a short course in the gym.

Carol A. Fredrickson Monmouth College Monmouth, Illinois 61462	1 3 4 Organizational methods are suggested for individual and group work in creative swimming.
Jack Moore Westerville Public Schools 223 South Otterbein Westerville, Ohio 43081	2 4 Students are taught safety and techniques of water skiing in a pool.
John Jacobs Kellogg JHS Rochester, Minnesota 55901	2 3 4 A simple, effective, and quiet method for swimming uses sign language and buddy system in learning skills.
Shirley B. Comstock Academy H.S. 2825 State Street Erie, Pennsylvania 16508	1 4 The ARC swim course is reorganized in "contract style" - uses pool area assignments, practice suggestions, and checklists.
Michael Mikos Mission Valley High School Route #1 Eskridge, Kansas 66423	2 4 A judo unit is taught for the purpose of developing agility, posture, grace of movement and leverage as well as methods of self defense.
Sally Witt Villa Park High School 18042 Taft Avenue Orange, California 92667	*2 3 Course in backpacking is established.

KEY: * = copies of specific program ideas not returned
1 = will make presentation 3 = will distribute material
2 = visitors welcome 4 = will write article

Maureen Kovich
Regina High School
5400 Fenwick
Norwood, Ohio 45212

1 2 3 4 ($3.00)
In this self defense unit designed for girls and women, available material consists of unit outline for 12 lessons, references, lecture material on some aspects, and copy of student hand-out material and written exams.

Bruce Wilson
Greenway High School
3930 West Greenway Road
Phoenix, Arizona 85000

1 2 3 4 (postage)
Coed class incorporated back-packing, fishing, camping, cooking, and firearms safety into a summer course.

John Kudlas
Mayo High School
Rochester, Minnesota 55901

1 2 3 4 (postage)
Physical education - biology inter-departmental courses in "Sportsman's Biology" and "Ecological Awareness" combine skills of the outdoor with knowledge of biology.

Mark Giese
Olathe High School
Prairie & Buchanan
Olathe, Kansas 66061

1 2 3 4
This outdoor living unit includes mapreading, camp crafts, equipment, survival skills, mountain climbing, and a guide to successful class campouts.

Corlyce Grant
St. Anthony High School
3303-33rd Avenue, N.W.
Minneapolis, Minnesota 55418

1 2 3 4 (25¢)
Winter sports outdoor education involves snow and ice games such as softball variation on a hockey rink with or without skates and a variation of kittenball on snowshoes.

Corlyce Grant
(same as above)

1 2 3 4 (25¢)
A cycling unit acquaints students with care of bikes, riding procedures, types of bikes, and practical experience through field trips.

Randy H. Gronert
Goodview Elementary
Village of Goodview
Winona, Minnesota 55987

1 2 3 4
A cycling unit involves safety factors, physical benefits, obstacle course, and participation of community organizations.

Darlene M. Koening
W. P. Shepherd Junior High
East McKinley Road
Ottawa, Illinois 61350

2 3 4 (postage)
This bicycling unit includes an approach to bicycle safety, distance riding, races, and relays.

Darlene Koenig
W. P. Shepherd Jr. H.S.
Ottawa, Illinois 61350

*4
A bicycle unit has been developed.

FITNESS

Donald F. Huycke, Jr.
Cardinal Forest School
Forrester Boulevard
Springfield, Virginia 22152

2 3 4
Students are encouraged to develop fitness by use of circuit training in a small area with limited equipment.

KEY: * = copies of specific program ideas not returned
1 = will make presentation 3 = will distribute materials
2 = visitors welcome 4 = will write article

Richard W. Kautz
Hill Top Elementary School
Rt. 5, Box 949
Mount, Minnesota 55364

1 2 3 4
Fitness is developed by using the rope climb, jogging, rope jumping, ladder climbing, and hula hoops.

Margaret G. Federick
Albion Jr. High
Webster Road
Strongsville, Ohio 44136

2 3
Follow the leader activities, jumping, creating movement, and cardiovascular activities are used to build fitness.

Mrs. Bonnie Cotton
Typee Jr. High
13630 Allen Road, S.E.
Bellevue, Wisconsin 98004

2 3
Effective use is made of Cooper's aerobic point system to construct a fitness program by vigorous application of the skills of tennis, badminton, and skating.

Martha E. Wetzel
Thornton Community College
50 West 162nd Street
South Holland, Illinois 60473

1 2
Progressive weight training for girls provides a new program for conditioning and physical fitness which can be utilized in regular physical education and athletic training. Students work at their own rate and within their own capabilities.

David Ahmann
Westside Elementary
West Highway 19
Marshall, Minnesota 56258

1 2 3 4 (50¢)
A volunteer running program is used to improve the fitness of each child by making the student aware of what is happening to parts of body. Charts are posted to record distance and mileage awards are distributed.

Paul N. Graber Hiawatha H. S. 1st & Kickapoo Hiawatha, Kansas 66434	2 3 Isokinetic workout program on a six station mini-gym develops major muscle groups and keeps ten-twelve people working at a time.
Neill Wheeler Marmaton Valley High Morgan, Kansas 66755	4 Circuit training program for boys and girls is used to develop total body strength.
June Scheer North End Elementary 27 East Geranium St. Paul, Minnesota 55118	*1 2 3 4 The jog-a-mile club meets before school. At the end of the year awards are given to those who have jogged the most miles.
Ken Bunte Moline High School 3600 23rd Avenue Moline, Illinois 61265	*1 2 3 4 Muscle lab involves circuit training program, student progress reporting method, and intraclass and individual competition.
Gary Teague Tyee Junior High 13630 J.G. Allen Road Bellevue, Washington 98007	1 2 3 4 (10¢) Physiological principles underlying aerobics are taught in the classroom. Students still run a mile a day and recognition is given for improvement.
Cliff Foust Garfield Heights 12000 Maple Leaf Drive Garfield Heights, Ohio 44125	* 1 2 3 4 Physical fitness testing is used to measure the effect of daily calisthenics.

KEY: * = copies of specific program ideas not returned
1 = will make presentation 3 = will distribute materials
2 = visitors welcome 4 = will write article

Bruce A. Lerch
Brecksville H. S.
6376 Mill Road
Broadview Heights, Ohio 44141

2
Gymnastic and tumbling oriented obstacle course builds fitness in students of varied grade levels.

Bill Webb
Calais Memorial H. S.
Washington Street
Calais, Maine 04619

1 2 3 4
The design and use of a group obstacle course requiring team work as well as individual strength, endurance, and skill is used as a fitness challenge.

Helen Smith
LaCanada High School
4463 Oak Grove Drive
LaCanada, California 91011

*1 2 3 4
Individual fitness programs are established to meet student needs and progress is evaluated by the individual student.

Billie McCann
Irvin H. S.
9460 Roanoke Street
El Paso, Texas 79924

1 2 3 4
A self-improvement course includes: organization of activities, time schedules, personality inventories, counseling session schedules, charts and recording procedures, various types of exercises for problem figures, and community resources list.

Judith Clossey, R.N.
S.A.D. #28
Camden-Rockport
Knowlton Street
Camden, Maine 04843

*1?
A self-improvement course includes: diet inventory, diet for weight loss, exercises for weight loss and recording of weight changes.

John T. McCarthy
Albright Middle School
1110 S. Villa Avenue
Villa Park, Illinois 60181

1 2 3 4 (50¢)
Physical Fitness Teams of graded difficulty motivate less fit students to improve. Weight Watchers Club helps overweight students to become fit. Forms and procedures for implementing this program are available.

Cheryl Ellinger
Nelsonville-York H.S.
Rt. #1
Nelsonville, Ohio 45764

3 4
Record keeping hints are offered which help stimulate interest in fitness.

Robert Friberg
Wilton Academy
SAD #9
Rt. 4
Farmington, Maine 04294

*2 3 4
Youth fitness texting is used to build student interest. Point totals are kept to award patches and certificates for achievement at end of year.

Russell Sumka
Glenbard South H. S.
Park and Butterfield Rds.
Glenellyn, Illinois 60137

*2 3
Picture of semester physical fitness champions are posted in cafeteria and locker room. Color coded fitness shirts are also awarded.

Paul N. Graber
Hiawatha High School
1st & Kickapoo
Hiawatha, Kansas 66434

*2 3 4
Colored fitness trunks are given by the school to provide an incentive to improve personal fitness.

KEY: * = copies of specific program ideas not returned
1 = will make presentation 3 = will distribute materials
2 = visitors welcome 4 = will write article

A D A P T I V E

John Burgess
Cony High School
Stone Street
Augusta, Maine 04330

*1
Corrective physical education for K-3 uses "Modified Purdue-Perceptual Motor Survey" to identify students for program. High success has been achieved in correcting motor problems.

Miss Patricia Boston
Tefft Junior High
Irving Park Road
Streamwood, Illinois 60103

2 3 4
Scheduling organization, doctors' recommendation for participation, forms for psychological reports, and progress reports to parents and physician aid the implementation of a developmental (remedial) physical education program.

Bob Butterworth
University of Maryland
Dept. of Physical Education
College Park, Maryland 20742

1 2 3 4 (5¢ per copy)
Forms have been developed to assist in administration of individually prescribed developmental adaptive physical education programs.

Al Pursell
Bruce Wessman
Hartley Elementary School
Waseca Public Schools
Waseca, Minnesota 56093

1 2 3 4 (50¢)
A special coordination program is offered to supplement the physical education program for students who have coordination or reading disabilities.

Richard H. Johnson Central Elementary 300 West 24th Kearney, Nebraska 68847	1 2 4 Midline hopscotch is an activity designed to involve aspects of balance, crossing the midline, hopping, eye-foot coordination, and synchronization of the entire neuro-muscular system.
Don Schnurrenberger Milford Junior High Pleasant Hill Road Milford, Ohio 55150	3 Checkers played on a black top parking lot provides an active yet restrictive program
Linda Swanson Cal Poly University 1127 Foothill Blvd. #200 San Luis Obispo, California 93401	* Color code is used to identify and organize exercise stations for adaptive classes.
Vonder Haar Alavin A. Madison Sr. H.S. 6th & Ferrish Madison, Illinois 62060	4 Team humming when ball is on their side of net in volleyball increased awareness and concentration of special education students.
Don A. Davis, Chmn Highland Park School 433 Vine Highland Park, Illinois 60035	*2 A coeducational adaptive physical education program has been developed.

KEY: * = copies of specific program ideas not returned
1 = will make presentation 3 = will distribute materials
2 = visitors welcome 4 = will write article

Carle Nelson, RPT
Colby College
Waterville, Maine 04901

1 2 3 4
Posture evaluation of freshmen class identifies deviations. For minor deviations individual postural exercises are recommended. Students with major deviations are referred to physician and physical therapist.

METHODS

George S. Hellmann
Green High School
Box 218
Greensburg, Ohio 44232

3 ($20.00 per 300)
File cards provide quick record keeping on each student for both fitness scores and attendance.

Mrs. Nancy Hadland
Commack South H. S.
Vanderbuilt Parkway
Commack, New York 11725

3 4
IBM cards are used for attendance.

Pat Donaldson
Wathena School
Jessie Street
Wathena, Kansas 66090

*1 2 3 4
Student excuses for not dressing must have parent or doctor's signature. Students leave the gym according to rows they sit in (in classroom).

Mr. Floyd B. Strain
Floyd Dryden Junior High
1250 Glacier Ave.
Juneau, Alaska 99801

1 2 4
Squad competition for roll call and quantity equipment help to handle large numbers in physical education class.

Gary Stueve New Bremen High 202-210 South Walnut Street New Bremen, Ohio 45869	*2 4 Student count of jumping jacks is used to take attendance.
Don Schnurrenberger Milford Junior High Pleasant Hill Road Milford, Ohio 45150	*4 Jumping jacks are counted using the school name.
Stan Robinett Worthington High School 300 W. Granville Rd. Worthington, Ohio 43085	*2 4 Instructor keeps a set of gym clothing in the office to avoid dress cuts.
Mike Gaff Fort King Middle School 545 N. W. 17th Ave. Ocala, Florida 32670	*2 4 Information board organizes time for teacher and students.
Ellen Clevenger Bennett Jr. High 625 S. Main Street Piqua, Ohio 45356	1 3 4 Bulletin Boards are used effectively through clever ideas.
Willa M. Chambers Eastmoor Senior High School 417 S. Weyant Ave.	*4 Bulletin board tells the dress and activity for the day.

KEY: * = copies of specific program ideas not returned
1 = will make presentation 3 = will distribute materials
2 = visitors welcome 4 = will write article

COURSE METHODS

LeRoy Larson
Safford Junior High School
P. O. Box 960
Safford, Arizona 85546

*2 3 4
Charts of skills used in soccer play are posted for each player on bulletin board to increase motivation and are also helpful in evaluation.

John Lawrence Rockholz
Great Falls Middle School
P. O. Box 448
Great Falls, S.Carolina 29055

2
Organizational method ensures equal playing time for all students.

Arnelle Jackson
Fairview High School
2408 Philadelphia Drive
Dayton, Ohio 45406

1 3 4
Giving half of the class classroom tasks while the others participate in activity cuts class size and allows grade level grouping.

Gina L. Gargrant
Mount Merici Academy
Waterville, Maine 04901

2 3 4
Effective use of taped music teaches movement through exercise, gymnastics, and ball skills.

Floyd B. Strain
Floyd Dryden Jr. H.S.
1250 Glacier Avenue
Juneau, Alaska 99801

1 2 4
Tape recordings are used to teach shot put, basketball drills, long distance running, tennis, and weight lifting.

Mrs. David Walters Glasgow High School Columbia Avenue Glasgow, Kentucky 42141	4 8mm film loops of students are used to show student errors in gymnastics skills.
Jack Moore Westerville Public Schools 223 South Otterbein Westerville, Ohio 43081	2 4 Inner tubes and a mat are used in teaching students back hand springs and flips.
Georganna Cottman Easton Middle School Oxford Road Easton, Maryland 21601	1 2 3 4 Using AAHPER Skills tests for class competition establishes a pattern which may be used when the teacher is absent.
Harry L. Butcher Barberton High School 489 Hopcam Avenue Barberton, Ohio 44203	2 4 Pro type player draft system is used to create equally skilled teams.
Tom Shetler Dixie Heights, H.S. 3010 Dixie Highway Ft. Mitchell, Kentucky 41017	1 2 3 4 League and double elimination tournaments ease space problems while creating student interest. Organizational forms and procedures are available.
Eugenia L. Dahnke Hays Junior High School 29th and Fort St. Hays, Kansas 67601	2 Rules and procedures are available for running round robin coed volleyball tournaments in class

---

KEY: * = copies of specific program ideas not returned
1 = will make presentation 3 = will distribute materials
2 = visitors welcome 4 = will write article

Vera Vucich Edison School 1400 Earl Street Pekin, Illinois 61554	4 A coed volleyball tournament is used in class for grades 7 and 8.
Mrs. Sharyn Luedke East Alton Junior High 1000 Third Street East Alton, Illinois 62024	4 Track meet organization used to structure participation and award performance for first five places in each event in each class.
T. Miller k. Wakefield Faircrest Junior High School 616 Faircrest, S.W. Canton, Ohio 44706	2 3 Use of stations is employed in teaching badminton, table tennis, horse shoes, bean bag toss, and shuffleboard as one unit. Ideas are also included for record keeping.
Mrs. Sam Davis Halifax County Jr. H. S. Halifax, Virginia 24558	1 2 3 4 (50¢) Guidelines for both methods and evaluation are provided in this gymnastics unit.
Mr. Lou Stringer Eisenhower Middle School 3525 Springcreek Road Rockford, Illinois 61107	1 2 4 Individualized instruction charts for fitness, gymnastics, and track and field are available.
Richard Siorito English Village School Greece Central School Dist. P. O. 7197 North Greece, New York 14515	1 2 3 4 (postage) Individualized learning packets have been developed in soccer, basketball, tennis, gymnastics, and track and field. Each skill presented is accompanied by pictures as well as learning cues. Guidelines for writing and organization of these units are available.

Larry Mattison
Alma H.S.
Alma, Kansas 66401

4
Organization ideas are offered for setting up badminton, volleyball, and handball as one unit to be taught in the gym.

Larry Whitmer
Axtell High
Axtell, Kansas 66403

1 4
Activities are changed daily to maintain student interest.

Lona G. Gakle
Chester Jr-Sr High School
Chester, California 96020

4
Student selecton of activity is offered within each class period.

Mrs. Ellen Walker
Andrew Jackson High School
Chalmette Avenue
Chalmette, Louisiana 70043

1 2 3 4
A continuous progress--competency based program utilizing "non-graded" packets with defined performance objectives and competency levels are used in the physical education program.

Judy Juelich
Parkview Jr. High School
701 W. County Road B
Roseville, Minnesota 55113

2 3 4 (postage)
Individualized units for students include performance objectives, learning activities, and testing activities. Teachers work one-to-one with students as they progress at own rate.

KEY: * = copies of specific program ideas not returned
1 = will make presentation 3 = will distribute materials
2 = visitors welcome 4 = will write article

Betty Menzi
909 Woods Road
Ypsilanti, Michigan 48197

1 3 ($6.00 for total package)
Individualized Instruction Booklets have been written for tennis, fencing, modern dance, physical fitness, track and field, recreational games, gymnastics I and II, speedball and field hockey. Each activity is based upon sequential tasks.

Pat Denn
St. Clair High School
St. Clair, Minnesota 56080

*1 2 3 4
Contracts and individual study are used as girls choose two of four activities to participate in during each four weeks.

John W. Horstman
Meadow Lake Elementary School
8525 62nd Avenue, North
Minneapolis, Minnesota 55428

* 1 2 3 4
Contracts and guides are designed for use by students and teachers within a unit structure.

Georganna S. Cottman
Easton Middle School
Oxford Road
Easton, Maryland 31601

1 2 3 4
Contract teaching is another means of meeting students' needs through individualized instruction and independent study. Students use learning stations, leading centers, task sheets, teacher's assistance, and contracts.

Georganna S. Cottman
(same as above)

1 2 3 4
Since the emphasis is being stressed on outdoor education, contracts were drawn up for casting, camping and outdoor education, cycling, and golf.

Georganna S. Cottman
(same as above)

1 2 3 4
In the Middle School several girls wanted to contract wrestling and football. The purpose of these contracts was more for the appreciation of the sport.

Tom White
Lancaster High School
1312 Granville Pike
Lancaster, Ohio 43140

*3
Individualized contracts are used for student to pursue such activities as bowling, horseback riding, tennis, judo, jogging, and conditioning on their own time.

Bruce Buzzell
Seaside High School
1901 North Holladay
Seaside, Oregon 97138

*1 3 4
The independent study program requires students to list objectives, how they plan to complete objectives, and time schedules. Students are graded on pass-fail basis.

Ronald E. Thompson, Jr.
Buckfield High School
Turner Street
Buckfield, Maine 04220

3 4 (50¢)
Senior students may receive credit for independent study projects conducted in school during activity periods or outside the school.

KEY: * = copies of specific program ideas not returned
1 = will make presentation 3 = will distribute materials
2 = visitors welcome 4 = will write article

EVALUATION

Lloyd Atterberry
Joliet Central High School
201 East Jefferson
Joliet, Illinois 60432

*1 2 3 4
A four year grade record card provides opportunity to record evaluation immediately after activity. This eliminates the need to save grade books and keeps student record straight as teachers change.

Mrs. Bonnie T. Dunn
Memorial Jr. High
Spring Branch ISD
12550 Vindon Drive
Houston, Texas 77024

2 4
Both progress and grade sheets with explanation of grading system are used in reporting evaluation to students and parents.

Greg Glauser
Wathena
Jessie Street
Wathena, Kansas 66090

1 2 3 4
An organizational procedure is used to evaluate both attendance and dress.

John A. Fippinger
LeRoy High School
Center Street
LeRoy, Illinois 61752

1 2 3 4
A gymnastics evaluation technique uses a difficulty rating for each skill and a rating for the quality of performance to evaluate student achievement.

Gordon Shaw
Robious Junior High School
11632 Robious Road.
Midlothian, Virginia 23113

2
The Barrows Motor Ability test is used to group students for instruction. Each activity is taught on three ability levels.

Barbara D. Klein North Marion High School P. O. Box 299 Sparr, Florida 32690	4 A humanistic survey is used to determine change in student attitude in relation to physical education.
Garrett Wheaton Lyons High School American Road Lyons, Kansas 67554	2 3 4 ($1.00) The evaluation system is based upon participation time in each activity. Various extra credit projects may increase a student's score.
Richard Lovellette Litchfield Junior H.S. 1701 North State Litchfield, Illinois 62056	1 2 3 4 Recognition program for students is based upon achievement through participation. Awards are given for individual and team performances in all activities.
Barry Humble Adams Central 222 Washington Monroe, Indiana 46722	*1 2 3 4 This proficiency program covers skill tests in eighteen different activities. Students accumulate points toward awards such as shorts, shirts, etc.
Mr. Dean Rippon Rutland High School Library Avenue Rutland, Vermont 05701	1 3 4 Format for "Self Evaluation of Outside Activities" for student use is indicative of attitude toward physical education. Fifty percent of the grade is based upon this area of participation.

KEY: * = copies of specific program ideas not returned
1 = will make presentation 3 = will distribute materials
2 = visitors welcome 4 = will write article

Floyd Lorenz
Mascoutah Junior High
North Sixth Street
Mascoutah, Illinois 62258

*1 2 3 4
Grading system is used to motivate attitude rather than skill development.

Barbara D. Klein
North Marion High School
P. O. Box 299
Sparr, Florida 32690

4
Students relate physical education to areas of interest (art, poetry, research, or creative writing) in a creative midterm project.

Peter Raynsford
Gilford Elementary School
Gilford Street
Laconia, New Hampshire 03246

4
Each class is evaluated according to behavior and organization at the end of the class period. A point system is used for record keeping and best classes participate in field day at end of year.

Chirley Cicholas
Soquel High
401 Old San Jose Road
Soquel, California 95073

2 3 4
Pass-fail evaluation reporting system is employed. (Based on behavioral objectives.)

James D. Goddard
Oregon State Dept. of Ed.
942 Lancaster Drive, N.E.
Salem, Oregon 97310

1 3 ($6.00)
The state of Oregon has developed a profile booklet outlining, in performance based style, program goals, competencies, and sample performance indicators for those areas deemed essential for high school graduation.

Phil Rountree
Consultant, HPER
412 Winchester Bldg.
Tallahassee, Florida 32304

The state of Florida has developed a series of COMPACS (Competency packages) in selected areas of activity for secondary schools. Written in performance based style, a range of acceptable performance criteria is presented to offer the challenge of progressive incentive for the criterion measures presented. Insight into IBM use for continuous progress recording is also presented. These materials will be available for purchase in 1975. (Price to be determined.)

M I S C E L L A N E O U S

Ron Szczesniak
Mahalia Jackson School
917 W. 88th Street
Chicago, Illinois 60620

*2
One minute quiet drill disciplines students who are slow to follow gym procedures.

Joe Blankenship
Seneca High
3510 Goldsmith Lane
Louisville, Kentucky 40220

*1 4
Student numbers provide an easy system for keeping track of showers and towels.

Phil Glosser
Kansas High School
Kansas, Illinois 61912

*1 2 4
In an effort to make activities realistic, all classes are conducted as if the students were participating in a state tournament.

KEY: * = copies of specific program ideas not returned
1 = will make presentation 3 = will distribute materials
2 = visitors welcome 4 = will write article

Teresa L. Feliz
Ravenswood High School
2050 Cooley Avenue
E. Palo Alto, California 94303

2 3 4
Decorating the gymnastics room with appropriate slogans builds team morale.

Mrs. Barbara L. Anderson
Franklin Jr. High School
136 East 6th Street
Franklin, Ohio 45005

*1 4
A variety of teaching approaches are used in freshman health classes.

Miss Pam Strong
Oakland Technical High
4351 Broadway
Oakland, California 946108

4
Rainy day physical education classes are used to educate students in VD and family planning.

Bob Paszek
Tom A. Edison High School
5801 Franconia Road.
Alexandria, Virginia 22310

1 2 3 4
Driver education tests and State's Operators Manual are used as texts in reading classes for poor readers who are also taking driver education.

STUDENT LEADERS

David M. Clark
Mt. Blue Jr. High
Middle Street
Farmington, Maine 04938

* 4
Organization of a student leader corps is used to assist in teaching and promoting student-teacher communications.

Dale Hastings
Appleton Elementary
Appleton, Minnesota 56208

*2 4
Senior student leaders participate in advanced physical education courses and assist in elementary and junior high classes.

Albert E. Bohrer
Gary-Grove High School
First St. & Three Oaks Rd.
Gary, Illinois 60013

*1 2 4
Skilled Students are selected as student leaders. These students assist in a variety of the responsibilities of the physical education instructor and many later become physical educators.

Miss Loudelle Welling
East Leyden High School
3400 Rose Street
Franklin Park, Illinois
60131

3 4
Specific selection criteria and student leader responsibilities are delineated for this program.

John Jacobs
Kellogg Jr. High
Rochester, Minnesota 55901

2 3 4
Applications procedures and listing of responsibilities for student leaders has been developed for this program.

I N T R A M U R A L S

Philip Faulkner
Katahdin High School
Katahdin High School
Sherman Station, Maine
04777

4
Teachers act as captains for intramural teams to aid student control and to improve student-teacher relationships.

Michael Lee Hicks
Hellen Keller Jr. H.S.
820 West Bode Road
Schaumburg, Illinois 60172

1 2 3 4
Boys and girls intramurals and inter-scholastics are coordinated to give all students a varied activity program.

KEY: * = copies of specific program ideas not returned
1 = will make presentation 3 = will distribute materials
2 = visitors welcome 4 = will write article

Mrs. Marguerite Curry
Phillipsburg High School
410 South Seventh
Phillipsburg, Kansas 67661

2 4
Gymnastics classes and after school practices are held in a nearby school to alleviate space problems and provide increased opportunity for physical education.

J. M. Seidule
Athletic Director
Episcopal High School
1200 N. Quaker Lane
Alexandria, Virginia 22302

*4
The physical education program of an all male boarding school centers around interscholastic competition.

Mrs. Marjorie Bither
Colby College
Waterville, Maine 04901

1 2 3 4 (50¢)
Contracts are used with individual varsity players in tennis. This system facilitates scheduling of matches and eliminates misunderstandings.

William Main
Faribault Public School
1230 George F. Street
Faribault, Minnesota 55021

*4
After being introduced to the fundamentals of cross country skiing in class, students may elect to participate in a week-end intramural program.

Anthony J. Pahula
Northgate Elementary
8201 Park Avenue
Bloomington, Minnesota 55420

2 4
A program of team competition for boys and girls is offered after school.

STIMULATING PROGRAM INTEREST

Rex Barker Shawnee Junior-Senior H.S. Wolf Lake, Illinois 62998	1 2 3 4 The high school has opened its doors to the community by sponsoring an evening of organized recreational sports, games and calisthenics.
Charles Cicciarella Northern Essex Community College Elliot Street Haverhill, Massachusetts 01830	1 3 4 Groups of physical educators from a number of towns should collectively form organizations for the promotion of knowledge about and activity in sports, recreation, athletics, physical education, and leisure time activities. The Northeast Sports and Recreation Association is implementing this type of program.
Mrs. Vinna L. Freman D.C. Public Schools 5th and K Street, N.E.	*2 Total community involved in curriculum and/or content selection through Parents, Administrators, Community, Teachers, and Student input in PACTS.
Mrs. Marjorie Bither Coordinator of Physical Education Colby College Waterville, Maine 04901	1 2 4 Faculty student advisory committee meets monthly to introduce new ideas, to hear student appeals, and to evaluate student-faculty communication, program, and faculty performance.

KEY: * = copies of specific program ideas not returned
1 = will make presentation 3 = will distribute materials
2 = visitors welcome 4 = will write article

Larry Hill Ralston High School 90th & Park Drive Ralston, Nebraska 68127	4 Physical education staff writes monthly article about various program activities for local newspaper.
Eugenia S. Payne John F. Kennedy H.S. 17100 Harvard Avenue Cleveland, Ohio 44128	*3 4 Combined K-12 student and staff presentation concerning city programs also involved several community organizations.
Barbara Keller Poyster Jr. High 400 W. Main Street Chanute, Kansas 66720	1 2 3 4 Physical education program demonstration ideas include variety of activities using scooters, cageballs, and marching exercises.
Floyd Strain Floyd Dryden Junior High 1250 Glacier Avenue Juneau, Alaska 99801	1 2 4 Newsletter containing upcoming events and performance scores for participation is used as a source for motivation and information for students.
Mitch Ghent Carrithers Middle School Billtown Road Jeffersontown, Kentucky 40399	1 2 3 4 A physical education incentive program award is given weekly to a young man who displays high quality characteristics in physical education. Winners' pictures are displayed and letters to parents notify home of son's accomplishment.

Ginger Dorn Olivia Elementary School Olivia, Minnesota 56277	4 Students compete in "regulation meet" to choose school gymnastics team which performs during basketball halftime.
Robert Shandy Glasco High and Elementary P. O. Box 321	1 2 4 Each physical education class performs gymnastics skills appropriate to their grade level and sex during halftime of basketball games.
William Lodge Margaretta High 209 Lowell Street Castalia, Ohio 44824	*1 2 3 4 (postage) Wrestling tournament held during noon hour provides finalists who wrestle for championships during school assembly. Leads to increased interest in wrestling.
Robert S. Augsbarger Medina Junior High 1425 Huy Road Columbus, Ohio 43224	1 2 3 4 (postage) Improved motivation toward skills is achieved by allowing students two weeks during the year to attempt to break or reestablish a class, grade level, or school record in a variety of skill performance areas.

KEY: * = copies of specific program ideas not returned
1 = will make presentation 3 = will distributemmaterials
2 = visitors welcome 4 = will write article

E Q U I P M E N T

Georganna S. Cottman
Easton Middle School
Oxford Road
Easton, Maryland 21601

1 2 3 4
The hallway of the girls' locker-room was converted into a resource center. The hall storage room was changed into a resource library and the towel room was changed into an equipment check-out room.

Fern L. Way
San Pasqual High School
Baseline Road
Winterhaven, California 92283

*4
The physical education department helps students in shop to make tennis, tables, equipment carts, and benches.

Dick Peterson
Sibley Elementary
Sibley Drive
Northfield, Minnesota 55057

*1 2 3 4
Heavy weight scrimmage vests are made to replace pinnies for team identification in games.

Jerry O'Brien
Jefferson Elementary
14th St. and 10 Ave, N.E.
Rochester, Minnesota 55901

2
Hula hoops are made from plastic tubing and plumbing connectors.

Shirley Walker
Mastway
RFD
Durham, New Hampshire 03824

4
Batting tees are constructed from boundary cones and plastic pipe.

Glenn R. Swenson Middle School Grand Rapids, Minnesota 55744	1 2 3 4 (postage) A low cost multi-purpose backstop can be constructed from government surplus cargo parachutes.
Hilda Barstow University of Maine Farmington, Maine 04938	2 Equipment can be made from parachutes, scarves, balloons, rubber balls, wands, bean bags, and yarn balls.
Jim Gilbert Eisenhower Elementary School 5700 Jessamine Lane Pleasure Ridge Park Kentucky 40258	2 3 4 School drive and parking lot have been developed into a track area.
Mr. Whit Menefree Virginia School for the Deaf and Blind East Beverly Street Staunton, Virginia 24401	1 2 4 Home made equipment for visually impaired students is less expensive and more durable than purchased equipment.

KEY: * = copies of specific program ideas not returned
1 = will make presentation 3 = will distribute materials
2 = visitors welcome 4 = will write article

WHY NOT

William Hupp
Fairfield High School
1111 Niles Road
Fairfield, Ohio 45014

1 2 4
Why not drill students on rules and then insist that team members call their own infractions during games? This helps students develop a sense of moral responsibility.

Judy Sullivan
Hocker Grove Junior High
10400 Johnson Drive
Shawnee, Kansas 66203

*2 3 4
Why not use other school staff members to teach physical education classes? Guidance counselor taught unit on modern and jazz dancing at junior high.

Dr. Paul C. Motley
Eastern Kentucky University
Richmond, Kentucky 40475

1 4
Why not teach soccer and speedball as a single unit? The combination adds motivation and helps to increase scoring.

James E. Strausbaugh
Chillicothe High School
Yoctangy Parkway
Chillicothe, Ohio 45601

Why not have the administration admit that large classes regulate program offerings? Class size should be cut to encourage the offering of more individual activities.

John N. Lam
Hybla Valley Elementary
Alexandria, Virginia 22306

4
Why not schedule intermediate grades for a one hour session in addition to two, thirty minute periods? This allows more individual attention and more time for particular units, such as tumbling.

Kennebec Public Health Association
10 Storer Street
Kennebec, Maine 04043

4
Why not offer modern dance at junior and senior high level? Minimum equipment is needed and benefits from muscular development and coordination are valuable before full growth is attained.

Al Lolotai
Dept. of Education
Pago Pago, Tutuila
American Samoa

*1 2 3 4
Why not provide opportunities for parents to take part in same activities their children are involved with in physical education class? Why not intensify effort to expose physical education program in local communities?

S C H E D U L I N G

Ralph V. Lord, Jr.
Lexington High School
251 Waltham Street
Lexington, Massachusetts
02173

1 2 3 4
Selective program for grades ten through twelve offers a broad range of activities including co-ed classes and emphasis on life sports such as judo, bicycling, and yoga.

KEY: * = copies of specific program ideas not returned
1 = will make presentation 3 = will distribute materials
= visitors welcome 4 = will write article

IDEAS ABOUT WORDS

There are problem words.

Words like scheduling, curriculum, methods, evaluation, and other are good examples of problem words. Ideas don't always fit such word categories. I hope this has not prevented you from finding the ideas of interest to you.

As a matter of fact, words in general can sometimes be a problem.

Sometimes it is difficult to find the right words to describe an idea. Numbers of words cause problems, too, when you try to condense an idea into a few sentences. I hope the essence of your idea has been retained.

But words can be used for praise, too.

Without the help of State Directors and State Associations we could not have as effectively distributed the identification forms. The cooperation, sharing, and professional caring of the contributors speak for themselves. You have done an excellent job.

Words can also offer support.

Many people wrote comments supporting this project. Those comments really helped provide the motivation to continue even when tasks seemed endless.

And then there are words of appreciation.

Thank you words go to three groups necessary to complete this aspect of Project IDEA. The committee members whose time and efforts have been responsible for this "IDEA" are as follows: Elisabeth Arnold (Bangor, Maine), Phyllis Blatz (Ontario, California), Marilyn Day (Westerville, Ohio), Carol Ghens (Los Angeles, California), Barbara Landers (Jacksonville, Florida), Billie McCann (El Paso, Texas), and planning consultant, Margaret Love (Columbus, Ohio).

Without the funding and support of the Secondary Division of NASPE, we would still be drinking coffee and thinking about the whole idea. Thanks for your help.

The actual process of assembling this directory has involved that crucial group of volunteer help or what is also called the free labor gang. Thanks to them, this is finally in your hands.

Words can describe ideas but words can't put them into action.

The Project IDEA Committee has helped to Identify and Distribute, but the Exchange for Action is still up to you. As ideas are exchanged and one-to-one communication is established, we hope the result will be the implementation of successful ideas in your secondary program.

Further opportunity for direct communication concerning these ideas will be presented at the Secondary Drop In Center at the National Convention. This resource area will include displays, A-V materials, discussions, and materials to be distributed.

Enough WORDS! Let's start the ACTION!

Project IDEA Identification Form

Please circle idea category:

SCHEDULE CURRICULUM METHODS

EVALUATION OTHER

Specific Idea: _____

_____

_____ (Name)

_____ (School)

_____ (Street)

_____ (City) (State) (Zip)

If you have more than one idea, please use similar format and describe only one idea per page.

BRIEF DESCRIPTION:

_____

_____

_____

_____

_____

_____

_____

_____

_____

_____

How long has this idea or project been in use?

Have you evaluated the effectiveness or success of this idea? What were the results?

IN ORDER TO SHARE YOUR IDEA WITH OTHERS, PLEASE CHECK THE POSSIBILITIES BELOW:

___ Willing to present program idea at drop-in centers, conventions, etc.

___ Willing to have visitors come and see our program.

___ Willing to duplicate and distribute materials upon request. (Cost to be covered by person requesting material.) Cost (including postage) _____

___ Willing to let idea be used in Journal or Update (with credit). Will have materials to mail for followup requests.

RETURN THIS NOW to Elisabeth Arnold, Bangor High School, 885 Broadway, Bangor, Maine 04401.

Project IDEA Identification Form

Please circle idea category:

SCHEDULE CURRICULUM METHODS

EVALUATION OTHER

Specific IDEA: Let's make this a continuing project.

Elisabeth Arnold
(Name)

Bangor High School
(School)

885 Broadway
(Street)

Bangor Maine 04401
(City) (State) (Zip)

If you have more than one idea, please use similar format and describe only one idea per page.

BRIEF DESCRIPTION:

Let's continue to distribute the identification form.

If the ideas in the directory reminded you of something you forgot to share, fill in the blank on the other side of the page and return in NOW.

If each of you would encourage another physical educator to share, too, we could easily continue and expand this project!

Let's keep caring - Let's keep sharing!

How long has this idea or project been in use? about one year

Have you evaluated the effectiveness or success of this idea? What were the results? I thought it was good. (What do you think?) Lots of sharing of good ideas.

IN ORDER TO SHARE YOUR IDEA WITH OTHERS, PLEASE CHECK THE POSSIBILITIES BELOW:

X Willing to present program idea at drop-in centers, conventions, etc.

X Willing to have visitors come and see our program. (Secondary Drop In Center at National Convention)

X Willing to duplicate and distribute materials upon request. (Cost to be covered by person requesting material). Cost (including postage) $1.00

X Willing to let idea be used in Journal or Update (with credit). Will have materials to mail as follow-up requests come in.